

INTERNET SAFETY RESOURCES FOR PARENTS AND CHILDREN

- iSAFE
www.isafe.org
- National Center for Missing and Exploited Children
www.netsmartz.org
- Point Smart. Click Safe
www.PointSmartClickSafe.org
- Stop Bullying Now
www.stopbullyingnow.hrsa.gov

If you or your children receive harassing, intimidating or pornographic communication, call your local law enforcement agency and contact the National Center for Missing and Exploited Children at **(800) THE-LOST (843-5678)** or visit www.cybertipline.com.



To request an Internet Safety Training for parents, children and community groups, contact:

Ohio Attorney General Richard Cordray
Crime Victims Assistance and Prevention
Internet Safety Training
150 E. Gay St., 25th Fl.
Columbus, OH 43215

(800) 282-0515
www.OhioAttorneyGeneral.gov/InternetSafetyTraining



RICHARD CORDRAY
OHIO ATTORNEY GENERAL



— **STAY** —
CYBER
SAFE

*Ohio kids and teens face
technology – and its risks – everywhere.
Learn how to keep them safe.*

www.OhioAttorneyGeneral.gov

Most children are avid users of technology – cell phones, the internet, video games and television. Are you concerned that your kids know more about technology than you do?

SETTING BOUNDARIES AT HOME

Follow these tips to keep your kids safe.

- Think about how you want your children to use technology. Discuss those decisions as a family, and let your children know you'll be monitoring their use.
- Set ground rules and habits for time limits using technology, such as no cell phones taken into bedrooms at night.
- Place your home computer in a common area and remind your children that computer use is not confidential. Check each computer's Internet browser history to make sure your kids are only looking at appropriate Web sites.
- Explain to your children that, even away from home, your family's rules apply, and they are responsible for following them.
- Reinforce to your children that whatever is said, posted, created and sent through the Internet, instant messaging or a cell phone cannot be taken back; deleted items can still be recovered.
- Explain that if someone requests an inappropriate picture from your children, that person can easily forward this to others, who may then send it on to their friends. Nothing sent through a cell phone or computer is truly private.
- Help your children set privacy settings on their social networking sites so unwelcome strangers don't contact them.

- Use Internet filters, blocks or software to protect your family from identity theft and other cyber crimes.
- Remind your kids that technology—whether computer, cell phone, TV or video games—is a privilege that can be taken away or restricted if abused. Set and enforce limits.

USING TECHNOLOGY AT SCHOOL

Schools typically have technology policies to set limits on students' usage. You should familiarize yourself with these policies and discuss them with your children.

Follow these tips to make sure your kids are behaving properly while using technology at school:

- Make sure your children understand what the boundaries are for using computers and cell phones at school. Call your school's administrators if you are not sure about their policies and ask questions.
- Reinforce to your children that it is never okay to use any kind of computer or cell phone to cheat on school work or tests, or to help their friends cheat.
- Remind your children that making threats or saying mean things through an instant messaging service or cell phone is unacceptable.
- Remind your children that it is illegal to present copyrighted information as their own whether it was found online, in a book or another source.

PROTECTING YOUR KIDS FROM OTHERS

As much as you reinforce your rules and expectations to your children, they may encounter threatening or offensive materials from others. Pass along the following tips in case they receive anything through the Internet or a cell phone that makes them uncomfortable.

Top Three Tips:

- Ask that person to not send any more of this material.
- Block that person from having contact again.
- Talk about the incident with a trusted adult, such as a parent, teacher, police officer or other community leader.



**Does your child use
Facebook, MySpace or other
social media sites?**

If yes, keep a list of their
account names and passwords
for safety purposes.